



BODY THERAPY

Invigorating Body Polish *\$75/30 minutes*

A compact full body exfoliation with organic sea salts and the purest essential oils to promote circulation and detoxification. After this treatment enjoy a refreshing shower and a complimentary hydrating body cream. (Perfect for before a sunless tan).

Body Facial *\$170/75 minutes*

An exotic body scrub followed by full body massage using a slimming and detoxifying body cream. This treatment will leave your skin silky, smooth and smelling delectable.

Canyons Detoxifying Cocoon *\$185/90 minutes*

A deep exfoliation to encourage circulation, followed by a seaweed or herbal body wrap to tone, and replenish the skins natural balance. Finished with an application of organic, rich body cream or oil.

Hydrating Mountain Body Treatment *\$205/100 minutes*

Our signature body treatment will remove dull/dry skin, while hydrating your body with a warm algae body mask. Finish with a replenishing body oil for silky smooth contours. This treatment offers intense stress relief for the mind, body and spirit.

Body Therapy in a Package

Canyons Seasonal Treatments

A true spa delight that will put you in the mood for any time of year. Rich essential oils indigenous of the Wasatch Mountain Range. Sage, rosemary and thyme will envelope your senses and take you to a higher altitude. Please see the Health Club front desk for details.